

Business Assembly Schedule*

Friday, March 9

Location: Presidential Suite, Room 935

Time

9:00 – 11:45 am
11:45 am – 1:30 pm
1:30 – 3:00 pm
3:00 – 4:00 pm
4:00 – 7:00 pm

Event

SOAR 8 Board Meeting, Open to all
Lunch
Continuation of SOAR 8 Board Meeting
Committee Chairmen Join Board
Meeting Adjourns – Dinner on your own

Friday, March 9

Location: Renaissance AB Ballroom

Time

7:00 – 7:30 pm
7:30 – 8:15 pm
8:15 – 8:30 pm
8:30 – 8:45 pm
8:45 – 10:00 pm

Event

Assembly Convenes
Forum
Break
Welcome and Skit by Triangle Intergroup
Presentation and Discussion

Physical, Emotional and Spiritual Recovery: The Results of Working the 12 Steps

10:15 – 11:15 pm

Late Night OA Meeting Romanesque

Saturday, March 10

Location: Baroque

Time

7:30 – 8:20 am

Event

New Rep Orientation

Saturday, March 10

Location: Renaissance AB Ballroom

Time

8:30 – 12 noon
12:00 – 2:00 pm
2:00 – 5:30 pm
5:30 pm

Event

SOAR 8 Business Assembly Reconvenes
Lunch
SOAR 8 Business Assembly Reconvenes
SOAR 8 Business Assembly Adjourns

Saturday, March 10

Time

7:00 – 11:00 pm

Event

Banquet, Speaker,
Entertainment

Location

Renaissance AB Ballroom

10:00 – 11:00 pm

Late Night OA Meeting

Romanesque

Sunday, March 11

Time

7:00 – 7:45 am
7:00 – 8:15 am
8:15 – 9:15 am
8:15 – 9:15 am
9:30 – 11:00 am
11:15 – 12:30pm

Workshop

Early Morning Meditation
Board & Funded Chairs Breakfast Meeting
Intergroup Chairs Breakfast Meeting
Mindful Movement for Everybody
12 Step Within
Closing Speaker

Location

Romanesque
Presidential Suite, Room 935
Presidential Suite, Room 935
Romanesque
Renaissance AB Ballroom
Renaissance AB Ballroom

*Subject to adjustments due to God's will

Recovery Convention Schedule*

Friday, March 9

Time

4:00 – 4:50 pm

5:00 – 5:50 pm

5:00 – 5:50 pm

6:00 – 7:30 pm

7:30 – 8:20 pm

7:30 – 8:20 pm

8:30 – 8:45 pm

8:45 – 10 pm

10:15 – 11:15 pm

Workshop

OA Meeting

▲ Who or What is at the Top of Your Triangle?

Practicing First Things First

▲ How Sponsorship Keeps Me Balanced

Dinner on your own

▲ Balancing Work & Play Through the 12 Steps

▲ Staying Abstinent Through Using the 9 Tools

Triangle IG Program Skit

Presentation and Discussion

Late Night OA Meeting

Location

Romanesque

Baroque

Romanesque

Romanesque

Baroque

Renaissance AB Ballroom

Renaissance AB Ballroom

Romanesque

Physical, Emotional and Spiritual Recovery: The Results of Working the 12 Steps

Saturday, March 10

Time

7 – 7:45 am

9 – 9:50 am

9 – 9:50 am

9 – 9:50 am

10 – 10:50 am

10 – 10:50 am

10 – 10:50 am

11 – 11:50 am

11 – 11:50 am

11 – 11:50 am

12 – 1 pm

1 – 1:50 pm

2 – 2:50 pm

2 – 2:50 pm

2 – 2:50 pm

3 – 3:50 pm

3 – 3:50 pm

3 – 3:50 pm

4 – 4:50 pm

4 – 4:50 pm

4 – 4:50 pm

Workshop

Early Morning Meditation

▲ Rediscover Abstinence:

Recovery From Relapse

▲ Spiritual Health & Recovery

▲ How Service Helps Me Recover

▲ Soaring Through My Spiritual Disciplines

▲ What Are Spiritual Disciplines?

▲ Treating Yourself with Honor and Dignity

▲ Ever Evolving: Long-timers Speak

▲ Sexuality & Compulsive Eating (LGBT/Open)

▲ Physical Health & Recovery

Lunch

Speaker

▲ Three Legged-Stool: Taking Action

When the Legs Are Out of Balance

▲ "Amends to Self" (Step 9)

▲ Mental/Emotional Health & Recovery

▲ Out of Balance? How I Recover

Through the 12 Steps

▲ Diversity in OA: The Same 12 Steps

▲ Spiritual Nourishment: How Are You fed?

▲ Why We Keep Coming Back

From Relapse to Long-timer

▲ Stuck? Surrendering Quantity

▲ Financial Abstinence: Recovering

Through the Steps

Location

Romanesque

Romanesque

Presidential Suite, Room 935

Baroque

Romanesque

Presidential Suite, Room 935

Baroque

Romanesque

Presidential Suite, Room 935

Baroque

Atrium

Renaissance AB Ballroom

Romanesque

Presidential Suite, Room 935

Baroque

Romanesque

Presidential Suite, Room 935

Baroque

Romanesque

Presidential Suite, Room 935

Baroque

*Subject to adjustments due to God's will

7 – 11 pm

**Banquet, Speaker,
Entertainment**

Renaissance AB Ballroom

10 – 11 pm

Late Night OA Meeting

Romanesque

Sunday, March 11

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7:00 – 7:45 am

7:00 – 8:15 am

8:15 – 9:15 am

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Intergroup Chairs Breakfast Meeting

Mindful Movement for Everybody

12 Step Within

Closing Speaker

Location

Romanesque

Presidential Suite, Room 935

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Romanesque

Renaissance AB Ballroom

Renaissance AB Ballroom