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 Georgia  
 Louisiana  
 Mississippi  
 North Carolina  
 South Carolina  
 Tennessee  
 Puerto Rico  
 South America  
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**SECRETARY**

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 PO BOX 1016  
 Windermere, FL 34786  
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**IMPORTANT NOTES FOR BUSINESS ASSEMBLY & RECOVERY CONVENTION  
 NASHVILLE, TN JULY 8-10, 2011**

**FIRST THINGS FIRST: IMPORTANT REMINDER:  
 PLEASE BRING YOUR LAPTOP COMPUTER, POWER CORD, AND YOUR OWN  
 EXTENSION CORD AS THERE MAY BE A LIMITED NUMBER OF OUTLETS AVAILABLE.**

**REMEMBER: Return to download or print out the SOAR 8 Business Assembly Nashville Packet!**

**REGION 8 REPS**

This addendum is being distributed electronically. Please DOWNLOAD the addendum on to your computer in case there is no WiFi connection in the Assembly room. All Reps are responsible to read the material in the addendum (some of which replaces earlier information in the packet) and to bring either a printed copy or an electronic copy to the business portion of the assembly. Please read and familiarize yourself with the information in the packet prior to the assembly. You will be able to give better service as a Rep for your Intergroup by having the information in this packet with you at the assembly. Printed copies of this packet will not be available at the Assembly. Please contact [secretary@oaregion8.org](mailto:secretary@oaregion8.org) if you have any questions.

**HAVE MORE QUESTIONS?** Please feel free to contact any board member or committee chair with anything that concerns you. Email and mailing addresses and phone numbers for all board members and committee chairs can be found on Addendum page 2.

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## SOAR 8 Service Directory

### SOAR 8 BOARD

#### CHAIRMAN

Stephanie D  
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Clearwater, FL 33767  
727-442-9855  
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#### VICE CHAIRMAN

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#### TREASURER

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#### SECRETARY

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#### PARLIAMENTARIAN

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Jacksonville, FL 32250  
904 704 7004  
[parliamentarian@oaregion8.org](mailto:parliamentarian@oaregion8.org)

#### TREASURER PO BOX

Region 8 Treasurer  
PO Box 1277  
Largo FL 33779

#### WS Regional Trustee

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Titusville FL 32780  
407-921-7268  
[trustee@oaregion8.org](mailto:trustee@oaregion8.org)

#### WEBMASTER

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### SOAR8 FUNDED COMMITTEES

#### Twelfth Step Within Committee

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St. Petersburg, FL 33708  
727-394-7639,  
[TSWchair@oaregion8.org](mailto:TSWchair@oaregion8.org)

#### Bylaws & Electronic Documents

Atiya M  
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#### Intergroup Outreach (IGOR)

Betty S  
245 Pinewood Dr  
Maitland FL 32751  
407 491-4127  
[igorchair@oaregion8.org](mailto:igorchair@oaregion8.org)

#### Tech Committee

Burton T  
5441 DeLeon Ln  
Elkton, FL 32033  
321-214-3446  
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#### Public Info/Prof Outreach (PIPO)

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780 NE 69<sup>th</sup> St #804  
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#### Ways And Means

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#### Unity In Diversity (UID)

Lonna C  
PO Box 630102  
Miami, FL 33163  
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[unitychair@oaregion8.org](mailto:unitychair@oaregion8.org)

### UNFUNDED SUB-COMMITTEES

#### 12 Step Within: Email Sponsor

Claudia C  
1451 Wexford Dr S.  
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[speakers@oaregion8.org](mailto:speakers@oaregion8.org)

## REGION 8 BOARD APPLICATION

**Office applied for:** Treasurer

**Name:** Patti Schumacher

**Address:** 12114 Glencliff Cir., Tampa, FL 33626

**Phone:** 813-855-3239

**Email:** [impattischu@gmail.com](mailto:impattischu@gmail.com) or [treasurer@oaregion8.org](mailto:treasurer@oaregion8.org)

**Years in OA:** 16

**Current Service Body:** Suncoast IG

**Past Rep:** Yes

**Service Body:** Suncoast IG

**Brief account of OA story:**

I attended my first meeting in January of 1991. I immediately felt I belonged. I worked the steps and became abstinent rather quickly and lost my excess weight. I had some trouble accepting that I was powerless over food at first, but I knew my life was *unmanageable* and that I was overweight and diets had stopped working for me.

Two years later we moved to FL and I was disenchanted with my new meetings and I missed my sponsor. By December of 1992 I was willing to throw it all away to try what I thought was an easier softer way. Four and a half years later I weighed over 200 pounds and was clinically depressed; I found my way back to OA with the help of some well placed angels in July of 1997. After a 40 pound weight loss I leveled off.

After 8 years of recovery and an empty nest, I was guided to do service at the IG level. Having never given much thought to doing service above the group level, I was somewhat surprised by my eagerness to throw myself into IG service, holding 3 board positions in 4 years. When I was asked to represent our IG at Region 8, fear of commitment, and a lack of faith in my abilities made me reluctant, but no one else was willing to do it at the time so I accepted the challenge.

I attended my first assembly in *11/08* and was instantly hooked. I loved being part of the assembly process and meeting and working with other COEs from the far reaches of Region 8. I was assigned to the IGOR Committee. After completing the project I'd volunteered for: working with the bylaws chair to update the IGOR committee portion of the P&P, the current chair encouraged me to seek the chair position when she chose to step down in November of 2009. By that time I'd been to 3 assemblies as a committee member and though I didn't feel especially qualified, I began to repeat the mantra I've adopted since I first started being elected to service positions in OA, "God does not call the qualified, he qualifies the called." So now when I'm asked to do service in OA I say yes, knowing from experience that I will be given exactly what I need to get the job done.

It was about this time that I was reminded that there had been periods in my preceding 11 years of abstinence when I had prayed for and been granted the willingness to give up certain food items that had become a problem for me. So I began praying for the willingness to alter my food plan so that perhaps I could lose the remaining weight I'd been stubbornly holding onto.

Then another miracle happened, during the March 2009 assembly in Little Rock (my second one) I conferred with an OA friend about her food plan on Friday night, getting some suggestions for embarking on a new food plan, then on Sunday morning I heard the closing speaker addressing exactly the issues I needed to hear to motivate me to take my program to the next level. On April 1<sup>st</sup> of 2009 I began a new food plan, one day at a time, and have now released about 30 more pounds.

I have no doubt that my HP wanted more *from* me, as well as more *for* me, and when OA service became a priority in my life so did a willingness to accept a healthier food plan. Consequently today service is as important to me as my food plan. It is a tool that I use everyday to maintain my abstinence.

### **Summary of OA Service:**

- Carried keys and literature
- Treasurer of home meeting
- Secretary of Suncoast IG *11/05 - 10/07*
- Wrote articles for Suncoast IG newsletter
- Vice Chair of Suncoast IG *10/07 - 6/08*
- Chair of Suncoast IG *6/08 - 10/09*
- Elected WSBC delegate for Suncoast IG
- Region 8 Rep for Suncoast IG *11/08 - 11/09*
- Region 8 IGOR committee member
- Worked with Region 8 bylaws chair to update IGOR committee in P&P

- Hotel Liaison for SOAR 8 Assembly/Recovery Convention 11/09
- IGOR Committee Chair 11/09 - 3/11
- Wrote articles for Region 8 newsletter
- Nominated and stood for election of Interim Secretary of Region 8 board 7/10
- Treasurer of Suncoast IG - 10/10 - present
- Nominated and stood for election of Region 8 board secretary 11/10
- Invited to speak at Unity Day workshop in Memphis 2/11
- Chair of Region 8 Ways and Means Committee 3/11 - present
- Attended WSBC as delegate from Suncoast IG 4/11
- Serving as secretary on WSBC finance subcommittee 4/11 - present
- Appointed interim treasurer of Region 8 5/11

### **Business, Professional Skills, etc.:**

I am very detail-oriented and a self-starter.

I volunteered on a task force at the Women's Self Help Center in St. Louis MO in 1976 to research the feasibility of chartering a women's credit union. We successfully chartered the first St. Louis Women's Federal Credit Union in 1977 and I served on the original board of directors.

I went on to manage two other credit unions, one under a million dollars and the other, over two million dollars in assets, gaining experience in accounting, record-keeping, reporting to various government agencies and working with, and serving on the board of directors.

Five years as an Account Executive with an IT firm gave me experience managing my client's accounts, meeting deadlines, following up with client issues and keeping detailed records. I made my own appointments, and managed my own time, most of which was spent in unsupervised field work, in 3 different states. I corresponded with management primarily by email and my laptop was an essential tool.

### **Why do I want to be a Region 8 Board Member?**

Now that I am retired and have time for volunteer work I can't think of anywhere else I would rather serve. It has been my experience that the more I give to this fellowship the more I receive. I am so grateful for the gifts I continue to receive year after blessed year from my OA recovery that it is a pure joy for me to do service at every level to which I'm called. As an OA friend is fond of saying "I owe a debt I can never repay", though I plan to keep trying! As a bonus, I get to work with other recovering people, while having fun and growing and learning. Another phrase I've come to love is "The older I get the more I feel like myself" and I truly believe that the person I am becoming in this program is exactly the person my HP wanted me to be all along ☺

**May 2011**

*Patti Schumacher*

## **Motion 1**

Move to amend the SOAR 8 Policy & Procedure Manual, by striking the following language from page 39 and inserting it on page 41, as a sub-committee of the Twelfth-Step-Within Committee:

### **12. Bylaws/Electronic Documents Committee**

## ***Lifeline & Designated Downloader Sub-committee***

### *Duties*

1. Help carry the message of recovery in Region 8 through the promotion of ***Lifeline*** magazine.
2. Promote sale of ***Lifeline*** subscriptions.
3. Encourage members throughout Region 8 to submit articles and sharing to ***Lifeline***.
4. Ensure that one (1) or more ***Lifeline*** displays will be provided for each SOAR 8 Business Assembly and Convention.
5. Contact all Intergroups during the time between assemblies and encourage having ***Lifeline*** representatives and designated downloaders at the intergroup and the group levels.

### **Submitted By:**

The Bylaws/Electronic Documents Committee

### **Intent:**

The intent is to move the *Lifeline*/Designated Downloader subcommittee to the Twelfth-Step-Within Committee.

### **Implementation:**

Amend the SOAR 8 Policy & Procedure Manual.

### **Cost:**

There is no cost associated with the motion.

### **Rationale:**

This subcommittee fits better with the mission of the Twelfth-Step-Within Committee. The duties of the Bylaws/Electronic Documents Committee include producing, updating, revising and distributing all Region 8 official documents and ensuring that Region 8 motions, bylaws, policies, and procedures comply with our Bylaws, and that our internal documents are consistent with each other. Promoting *Lifeline* is consistent with the duties of the Twelfth-Step-Within Committee which include gathering and sharing literature to promote membership retention and recovery.

## SERENITY PRAYER

God, grant me the serenity  
To accept the things I cannot change  
The courage to change the things that I can  
And the wisdom to know the difference

## ORACIÓN DE LA SERENIDAD

Dios, Concédeme la Serenidad  
para aceptar las cosas que no puedo cambiar,  
Valor para cambiar las que puedo  
Y la Sabiduría para reconocer la diferencia.