



Alabama
Arkansas
Florida
Georgia
Louisiana
Mississippi
North Carolina
South Carolina
Tennessee
Puerto Rico
Caribbean Islands
Central America
South America

Southeastern Overeaters Anonymous Region 8 Spring Business Assembly April 9,10,11 2021

LOCATION: ZOOM

Friday Board Meeting

April 9th
11 am - 4 pm Eastern
Meeting ID 813 7286 1144
Passcode 866404

Friday Night + All Day Saturday

April 9th at 6 pm Eastern - April 10th at 6 pm Eastern
Meeting ID 899 3546 3737
Passcode 399468

Informal Board Meeting

Sunday, April 11th
9:30 - 11 am Eastern
Meeting ID 843 4729 3570
Passcode 464855

Intergroup Sharing

Sunday, April 11th
11 am - 1 pm Eastern
Meeting ID 853 7334 4343
Passcode 743108

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Notes for the Region Reps

Thank you for choosing to represent your intergroup at the Spring Assembly, April 9-10, 2021. This packet is being distributed electronically. Please DOWNLOAD the entire packet on to your computer in case there is no Wi-Fi connection in the assembly room. All Reps are responsible to read the material in the packet and to bring either a printed copy or an electronic copy to the business portion of the assembly. Please read and familiarize yourself with the information in the packet prior to the assembly. You will be able to give better service as a Rep for your Intergroup by having the information in this packet with you at the assembly. Printed copies of this packet will not be available at the Assembly. Please contact secretary@oaregion8.org if you have any questions.

What do I need to do before attending the assembly?

1. Have your intergroup chair fill out a certificate of eligibility form for the reps coming from your intergroup. They can do this here:
 - a. ENGLISH: [Link to COE Form](#)
 - b. SPANISH: [Link to COE Form](#)
2. Registration – the fee is \$45. [Register Here](#)
3. Fill out a [committee assignment sheet](#)
4. **READ THE VIRTUAL ATTENDEE FAQ'S ON PAGE X OF THIS PACKET!!**

For more details on these items and other details specific to your role as a rep, please read the information on the next page.

CERTIFICATE OF ELIGIBILITY In order for your Intergroup Region 8 Representatives to be able to vote at the assembly, **your Intergroup must have a Certificate of Eligibility on file with the Secretary that is valid for 2020. You will now fill out the Certificate of Eligibility online at our website, www.oaregion8.org . Select the documents tab, fill in the information and hit submit! There is a Spanish and English version of the form online.** You no longer need to mail or scan and email the form. If you need help filling out the form, contact the Secretary. All Intergroups are requested to submit a new Certificate in January of each year AND during the year any time there is a change in IG Chair, Reps or Alternates for a Region 8 Assembly. Voting at the assembly is the best way to show how much you support a healthy Region 8!

COMMITTEE ASSIGNMENTS Part of your responsibility as a Region 8 representative is to participate in a committee. If you were not at the last assembly you can turn in the committee sign-up sheet to the Secretary on Friday at the business assembly. The sign-up sheet can be found [Committee Selection Form](#) and contains a brief explanation of each committee. If you were a Rep in the last assembly you will be placed in the same committee as last time. If you desire to change committees please first contact your Committee Chair and then contact the Secretary at secretary@oaregion8.org .

ASSEMBLY REGISTRATION FORMS Registration forms for this assembly can be found at www.oaregion8.org . *You are responsible for making your hotel reservation for the assembly.*

CALLING ALL INTERGROUPS We need you. Please send at least one representative to our Region Assembly. There is much work to do and we need you to get this work done. Your voice is needed. Not only will your Intergroup be represented for important decisions but you will be helping the hosting Intergroup.

Funding may be available for this business assembly and is available for future assemblies. If your Intergroup is unable to financially send at least one Representative to the business assembly, perhaps Region 8 can help you for a future assembly. You can submit the Representative Funding Application from [Representative Funding Application](#). Contact the IGOR Chair (igorchair@oaregion8.org) for more information. We appreciate your service and need you.

HOSTING A FUTURE ASSEMBLY AND RECOVERY CONVENTION We will be accepting bids for a future Assembly and Recovery Convention at this Business Assembly. This is a great way to raise funds and promote OA in your area. Contact the Region 8 Vice-Chair (vicechair@oaregion8.org) with any questions or to request support. Her contact info is in the SOAR 8 Service Directory.

HAVE MORE QUESTIONS? Please feel free to contact any Board Member or Committee Chair with anything that concerns you. Email addresses and phone numbers for all Board Members and Committee Chairs can be found in the Region 8 Service Directory below.

Region 8 Service Directory

Position	Name	Address	Phone	Email
Chair	Katrina Smith	38043 Seven Oaks Ave. LA 70769	225-715-4988	chair@oaregion8.org
ViceChair	Melissa Hammel	PO Box 39 Ardmore TN 38449	615-202-5242	vicechair@oaregion8.org
Treasurer	Michelle D	PO Box 242522 Little Rock, AR 72223	501-580-6120	treasurer@oaregion8.org
Secretary	Dara Sue King	149 Toney Ave Erwin, TN 37650	407-44607620	secretary@oaregion8.org
Trustee	Andi S	22665 Meridiana Dr. Boca Raton FL	954-295-1123	trustee@oaregion8.org
Parliamentarian	Ellen Fite	8285 Poplar Ave Germantown, TN	901-647-3587	parliamentarian@oaregion8.org
12th Step Within (TSW)	Neill McCormick	4651-302 Timbermill Ct. NC 27612	919-789-9402	tswchair@oaregion8.org
Bylaws/Electronic Documents	Susan Berland	11629 Warfield Ave Huntsville, NC 28078	415-987-3194	bylawschair@oaregion8.org
Technology/Website 1	Terri Montealegre	3014 SW 6 th St Miami, FL 33135	786-253-4559	techwebchair@oaregion8.org
Technology/Website 2	Sarah Covert	5114 Colleseum St. New Orleans, LA 70115	504-458-9965	Techwebchair2@oaregion8.org
Intergroup Outreach (IGOR)	Sarah Siegel	3090 MeadowRise Dr Memphis, TN 38119	201-709-6453	igorchair@oaregion8.org
Ways & Means	Ingrid Arana Saganome	Calle 174A No48041 Villa DelPrado, Bogota Columbia	*57-321-200-4983	waysandmeanschair@oaregion8.org
Public Info/Prof Outreach (PI/PO)	Marisa Moody	1020 W Alfred St Tampa, FL 33603	813-439-0440	pipochair@oaregion8.org

TSW Mentor List	Neill McCormick	4651-302 Timbermill Ct. NC 27612	919-789- 9402	mentors@oaregion8.org
TSW Email/Sponsor List	Julia S.	Louisiana	985-646- 2593	sponsors@oaregion8.org
TSW Speaker List	Tammi	Middle TN IG	(337)-734- 4564 (Home) (337) 370- 1252 (Mobile)	speakers@oaregion8.org
TSW-Workshop Resources	Tara L.	Tampa, FL	(412)260- 8859	workshops@oaregion8.org
Region 8 Webmaster	Mary Jane W.	St Petersburg, Florida		webmaster@oaregion8.org

Board Meeting Agenda

Friday, April 9, 2021

9:00 am CT / 10:00 am ET

Informal Meeting: R8 Board Only

10:00 am CT / 11:00 am ET

Board Meeting Convenes – Funded Chairs Join - Open to All

OLD BUSINESS

1. Serenity Prayer
2. Approval of Minutes: October 2020 Board Meeting (Secretary)
3. Fall 2021 Update (VC)
4. Topics for Fall Convention 2021, for Presentation and Discussion (VC)
5. Audits/Finances/R8DSF Update (Treasurer)
6. OA Strategic Plan (Trustee)

BREAK – 10 m

NEW BUSINESS

1. Voting Review
2. Emergency Motions / Other New Business
3. Forum
4. Funded Committee Chairs:
 - a. Check in & update on Committee issues & activities, questions, concerns, issues – 10 min each

11:30 am CT / 12:30 pm ET

LUNCH: 90 min

1:00 pm CT / 2:00 pm ET

Board Meeting Reconvenes – Funded Chairs Join - Open to All

1. Funded Committee Chairs: (continued)
 - a. Check in & update on Committee issues & activities, questions, concerns, issues – 10 min each

OTHER NEW BUSINESS:

1. Vouchers / Reimbursement
2. Registration for Spring 2021 Assembly

3:00 pm CT / 4:00 pm ET

Close / R8 Chant / Meeting Adjourn

Business Assembly Agenda

Friday, April 9, 2021

1. **5:00 pm CT / 6:00 pm ET**
ASSEMBLY CONVENES (Breaks ~10 min each hour)
2. OA Readings
3. ZOOM Refresh (~10 min)
4. Appointment of Timer
5. Recognition of New Intergroups, New Reps (Green Dots) & Visitors
6. Introduction of Region 8 Board members, Funded Committee Chairs & IG Chairs
7. Introduction of former Region 8 Board Members and Trustees
8. Roll Call (Virtual) & Credentials
9. Adoption of Agenda
10. Forum: TBD
11. 7th Tradition (Please go to oaregion8.org to donate. Thank you!)
12. 8:30 pm: Presentation & Discussion Panel
13. Announcements:
 - a. NEW REP (Green Dot) ORIENTATION
 - i. Tomorrow at 7:30 am CT / 8:30 am ET
 - ii. Please review the videos on Region 8 website, under Tech / Web Committee
 - b. ASSEMBLY RE-CONVENES
 - i. Tomorrow at 8:30 am CT / 9:30 am ET
14. **RECESS**

Saturday, April 10, 2021

15. **7:30 am CT / 8:30 am ET**
NEW REP (GREEN DOT) ORIENTATION
16. **8:30 am CT / 9:30 am ET**
CALL ASSEMBLY TO ORDER
17. OA Readings
18. Credentials Report
19. Adoption of Standing Rules
20. Introduction of Parliamentarian & short parliamentary lesson
21. Approve Consent Agenda
22. Approve minutes from Fall 2020 Assembly
23. 7th Tradition (Please go to oaregion8.org to donate. Thank you!)
24. Board Reports (5 minutes each + 5 minutes for questions)
25. Trustee Report (5 minutes + 5 minutes for questions)
26. **10:15 am CT / 11:15 am ET**
BREAK (15 min)
27. **10:30 am CT / 11:30 am ET**
COMMITTEE MEETINGS (1.5 hour)
 - a. Recommendation of new Committee Chairs to Board
 - b. Hand in report (electronically) to Secretary
28. **12:00 am CT / 1:00 pm ET**
Lunch Break
29. **1:00 pm CT / 2:00 pm ET**
Lunch Speaker
30. **2:00 pm CT / 3:00 pm ET**

ASSEMBLY RECONVENES (Breaks ~10 min each hour)

- 31.** Credentials
- 32.** Final Report from Fall Assembly 2020
- 33.** Brief Parliamentary Discussion
- 34.** ZOOM Refresh (~10 min)
- 35.** MOTIONS – BYLAWS & P&P
- 36.** NEW BUSINESS
 - a. Nominations for Fall Board Member elections
 - i. Nominations for Chair (from the floor)
 - ii. Nominations for Treasurer (from the floor)
 - b. Region Delegates to WSBC: Nominations from the floor for Region Delegates to WSBC for the following year
 - i. Region 8 Delegate Support Fund: Funds are available to help your Intergroup send delegates to WSBC.
 - c. World Service Office contribution
 - d. Committee Chair selection announcements
 - e. Bids for Fall 2021 Assembly and Convention
 - f. Emergency Motions
- 37.** Committee Reports
 - a. Ways & Means
 - b. Bylaws/Electronic Documents
 - c. Intergroup Outreach (IGOR)
 - d. Twelve Steps Within (TSW) / Unity With Diversity (UWD)
 - e. Public Information / Professional Outreach (PI/PO)
 - f. Technology/Website (Tech/Web)
- 38.** For the good of the order (time permitting):
 - a. Intergroup Announcements (etc.) from the floor
- 39.** Green Dot Ceremony
- 40.** Assembly Evaluation
- 41.** Announcements:
 - a. R8 Board & Committee Chairs Meeting tomorrow
 - b. Intergroup Sharing Meeting tomorrow (EVERYONE INVITED!!!)
- 42.** ASSEMBLY ADJOURNS

Sunday, April 11, 2021

8:30 to 9:30 am CT / 9:30 to 10:30 am ET

INFORMAL MEETING: R8 Board and Committee Chairs Only

10:00 to 12:00 am CT / 11:00 am to 1:00 pm ET:

INTERGROUP SHARING MEETING:

- a. Open meeting. Reps / Visitors from ALL IG welcome!
- b. Please fill out IGOR Intergroup (IG) Information & Update Form prior. Form is located on the Region 8 website, under IGOR Committee

Unapproved Business Assembly Minutes- Virtual October 2020

5:00 pm CT / 6:00 pm ET	
6:00 pm	1. ASSEMBLY CONVENES (Breaks ~10 min each hour)- times in these minutes are recorded in eastern time
6:03 PM	2. Serenity Prayer in English & Spanish & Portuguese
6:07 PM	3. Zoom Basics
6:12 pm	4. OA Readings <ul style="list-style-type: none"> • 12 Steps of OA- Barbara T, Palm Beach County IG • 12 Traditions of OA- Richard W., Piedmont IG • 12 Concepts of OA – Clare B., Triangle IG • For Today, 10/23- Mary U., Middle Tennessee IG • Solo Por Hoy, 10/23- Solo Por Hoy- Tara L. Suncoast IG
6:35 pm	5. Recognition of New Reps (Green Dots) – presentation and each new rep “green dot” introduced themselves
6:40 pm	6. NEW REP (Green Dot) ORIENTATION – Pam vice chair <ul style="list-style-type: none"> • For this Assembly EVERYONE will participate! <ul style="list-style-type: none"> i. Please review the videos on Region 8 website, under Tech/Web Committee • ZOOM Parliamentary Practice
6:48 pm	7. Appointment of Timer
6:49 pm	8. Introduction of Region 8 Board members, Funded Committee Chairs & IG Chairs
6:55 pm	BREAK- Return on 7:05 pm
7:10 pm	9. Introduction of former Region 8 Board Members and Trustees
7:12 pm	10. Nominations for Vice Chair (from the floor)-Melissa H nominated by Pam
7:15 pm	11. Nominations for Secretary (from the floor) -Dara K nominated by Janet
7:16 pm	12. Roll Call & Credentials- adopted 47 voting 7 non-voting
7:20 pm	13. Adoption of Agenda- adopted by unanimous vote
7:23 pm	14. 7 th Tradition (<i>Please go to oaregion8.org to donate. Thank you!</i>)— collected \$406.26
7:25 pm	15. IGOR / IG Chairs /Reps Sharing – replaces the typically held Sunday morning IGOR meeting when attending face to face business assemblies <ul style="list-style-type: none"> a. Please fill out IGOR Intergroup (IG) Information & Update Form prior.- Form is located on the Region 8 website, under IGOR Committee - IGOR Committee - Information from this form is entered into a database b. Lively discussion of Q& A and several people sharing their experiences from their intergroups- session was recorded c. Here the meeting here: Intergroups Chair Meeting Recording - Passcode: &vU4Cz*f
8:38 pm	16. Announcements: Re-convene tomorrow at 8:00 am CT / 9:00 am ET
8:40 pm	17. RECESS

Saturday, October 24, 2020 / All Times Eastern

8:00 am CT / 9:00 am ET

9:00 am	18. CALL TO ORDER-- times in these minutes are recorded in eastern time with Serenity prayer in English, Spanish and Portuguese
9:05 am	19. OA Readings <ul style="list-style-type: none"> • 12 Steps of OA- Elaine O., Greater Memphis • 12 Traditions of OA-Tara L., Suncoast Tampa • 12 Concepts of OA-Sherry S., Gold Coast • Voices of Recovery, 10/24 – Pat F. Baton Rouge, LA • Voces de Recuperacion, 10/24- Ingrid - Intergrupo de Bogota, Colombia
9:12 pm	20. ZOOM refresh
9:17 am	21. Credentials Report, adopted 45 voting 5 non-voting- reps
9:25 am	22. Adoption of Standing Rules- adopted by unanimous vote
9:32 am	23. Introduction of Parliamentarian & short parliamentary lesson
9:36 am	24. Approve Consent agenda- adopted by unanimous vote <ol style="list-style-type: none"> 1. P&P Motion A – Page 39 of your Packet 2. P&P Motion B - Page 40 of your Packet 3. P&P Motion C - Page 18 of your Addendum- removed from consent agenda 4. P&P Motion F - Page 46 of your Packet 5. P&P Motion G - Page 47 of your Packet 6. Bylaw Motion I - Page 51 of your Packet
9:48 am	25. Approve minutes from last Assembly, Memphis, Tennessee – Fall 2019 – motion made and passed to approve minutes- an incorrect page number was referenced (54) and body has adopted minutes on page 9
9:54 am	26. 7th Tradition (<i>Please go to oaregion8.org to donate. Thank you</i>)— <i>collected \$423.72</i>
9:55 am	Break return at 10:05
10:09 am	27. Board reports (5 minutes each + 5 minutes for questions)
10:54 am	28. Trustee Report (5 minutes + 5 minutes for questions)
11:15 am	29. self-break- then go to your break out room for committee meetings- voted to have members manage their time
	30. Committee Meetings- self break- then go to your break out room for committee meetings- voted to have members manage their time <ul style="list-style-type: none"> • Recommendation of new Committee Chairs to Board • Hand in report (electronically) to Secretary
	31. Lunch Break – will be managed by member
12:00 pm CT / 1:00 pm ET	
1:02 pm	32. Speakers (Nominees for Vice Chair and Secretary with Q&A) Speakers to share their story / reason for running (~15 mins)
2:00 pm	33. Reconvene -(Breaks ~10 min each hour)
2:00 pm	34. Credentials- adopted 47 voting 7 non-voting- reps
2:01 pm	35. Final Report from Memphis – Fall Assembly 2019 – presented by Elaine O., Greater Memphis Intergroup
2:05 pm	36. Brief Parliamentary Discussion

2:10 pm	<p>37. Motions</p> <ul style="list-style-type: none"> • Motion C I OAPP Treasurer duties 1- adopted • Motion D I OAPP move ways & means duties to treasurer- adopted • Motion E I OAPP Treasurer duties from Ways & Means- • Motion H Responsibilities Tech/Web-adopted • Motion 1 Waive seed money reimbursement-adopted after amended and then amendment rescinded
3:45 pm	<p>38. New business</p>
	<p>a. Region Delegates to WSBC: Delegates selected for the 2020 WSBC will serve as the 2021 Delegates, if the WSBC is held and the delegates are still available to serve</p>
3:47 pm	<p>b. Budget presented by Michelle D., Treasurer- motion made and adopted to approved the 2021 budget as written</p>
4:01 pm	<p>BREAK until 4:10 pm</p>
4:12 pm	<p>c. World Service Office Contribution-Question about how the body might give a donation to WSO-would it be an emergency motion question clarification needed-tabled for now</p>
4:17 pm	<p>d. Elected Vice Chair-Melissa H., North Alabama OA Intergroup</p>
4:28 pm	<p>e. Elected Secretary-Dara K., Central Florida Intergroup</p>
4:36 pm	<p>f. Committee Chair selection announcements & introductions</p> <ul style="list-style-type: none"> • Ways & Means – Ingrid, Intergrupo de Bogota, Colombia • IGOR – Sarah S., Greater Memphis Area Intergroup • Tech Web/1- Terri M., Miami Dade & the Keys IG • Bylaws- Susan B., Piedmont IG
4:40 pm	<p>g. Bids needed for Spring 2021 Assembly and Convention-Florida is having the WSBC in 2021 in Florida and IG’s there should not bid</p>
4:45 pm	<p>h. Emergency Motions</p> <ul style="list-style-type: none"> • Emergency Motion-Tech-Web-Budget Override -- New Equipment
5:10 pm	<p>39. Committee reports- presented by committee chairs</p>
	<ul style="list-style-type: none"> • Ways & Means-Melissa H.
	<ul style="list-style-type: none"> • Bylaws/Electronic Documents-Susan B.
	<ul style="list-style-type: none"> • Intergroup Outreach (IGOR)- Aleta
	<ul style="list-style-type: none"> • Twelve Steps Within (TSW) / Unity With Diversity (UWD)-Clare B.
	<ul style="list-style-type: none"> • Public Information/Professional Outreach (PI/PO)- Marissa
	<ul style="list-style-type: none"> • Technology/Website-Barbara C.
5:58 pm	<p>40. For the good of the order:</p> <ul style="list-style-type: none"> • Motion to increase WSO Contributions on 2021 Budget • Virtual Assembly Evaluation completed at this URL: Virtual Assembly Evaluation Oct 2020

6:23 pm	41. GREEN DOT CEREMONY
6:24 pm	42. Announcements:
	<ul style="list-style-type: none"> • R8 Board & Committee Chairs Meeting tomorrow-Sunday, October 25 - 9:30 am CT / 10:30 ET
6:26 pm	43. ASSEMBLY ADJOURNS

Results of Motions-Virtual Assembly October 2020.

Motion 1: Update Bylaws Article VIII, Section 1 **ADOPTED**

Motion A: Update Policy & Procedure Manual Article XXVI **ADOPTED**

Motion B: Update Policy & Procedure Manual Article XXVI **ADOPTED**

Motion C: Update Region 8 Policy & Procedure Manual **ADOPTED**

Motion D: Amend Region 8 Policy & Procedure Manual **ADOPTED**

Motion E: Update Policy & Procedure Manual **ADOPTED**

Motion F: Fund TWO Co-Chairs of the Tech Web Committee **ADOPTED**

Board Reports:

Chair

¡Hola! Olá! Hello Everyone!!!

My name is Katrina S. I am Region 8 Chair, a compulsive overeater, and sugar addict, living an abstinent, beautiful life thanks to OA!

Thank you for allowing me the honor and privilege of being Chair of this amazing region. It has been a year since we saw the world shut down, cover up and stay home to avoid an illness that sickened and/or killed many. At that time, we were looking at uncertainty, confusion and some fear for ourselves, for our loved ones and for our way of life.

In a prior report I stated that the state of Region 8 was strong because of YOU, living Step 12, carrying the message and being the message. As the pandemic wore on, stresses began to mount and some began to speak of feeling more isolated and alone.

How would we continue to maintain our recovery? This is a “we” program. How could we maintain a “we” program when getting together to be “we” might risk contracting a life-threatening illness? Would OA in Region 8 be weakened through isolation, disconnection and non-support? Could the Region continue to live Step 12 as time went on? The answer has been a resounding, YES!

The AA 12&12 (p106) states, “The the joy of living is the theme of the 12th Step, and Action is its key word.”

Here we say thank you to all the members who took the action to immediately set up and use their own ZOOM accounts to keep meetings going until the Intergroups and the Region could get organized.

Many meetings are now reporting higher numbers in attendance, additional visitors and more newcomers.

The AA 12&12 continues, “In Step 12 we turn outward toward fellow sufferers who are still in distress. Here we experience the kind of giving that knows no rewards.”

Here we say thank you to the amazing Intergroups of Region 8 who hosted wonderful workshops, speaker-thons and conventions. Sometimes asking no fee.

We also say THANK YOU to the Middle Tennessee (OA Nashville) Intergroup for hosting the first virtual Region 8 Recovery Convention.

Many are reporting that they have been able to participate in numerous recovery opportunities all across the region.

The AA 12&12 continues, “When the 12th Step is seen in its full implication, it is really talking about the kind of love that has no price tag.”

This is the kind of love that has been on full display in Region 8. Every day, in every way the entire region has been gifted with the priceless work that contributes to Carrying the Message in a time of ongoing crisis.

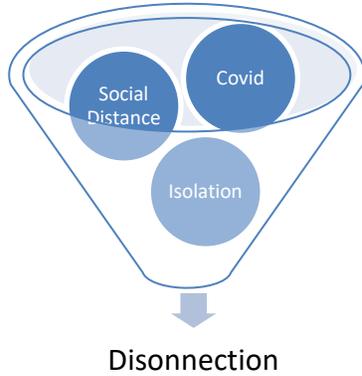
Much of the world is now looking toward a return to a “new normal.” We are welcoming the return of hope and hugs. Here, in Region 8, we are continually grateful that until we are ushered into the “new normal” we are supported in recovery by those carrying and being the message even as a pandemic rages.

Stay safe. Take care. Big hugs! Much, much love,
Katrina S
Region 8 Chair

Vice Chair Report:

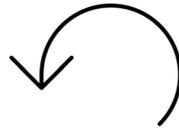
Vice Chair Report

Melissa H. NAOAI

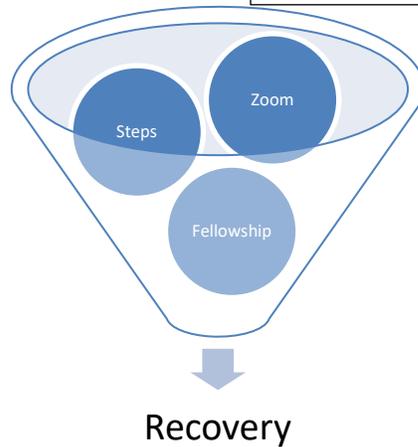


Hello Region 8 Family –

It seems as though the last year has looked and felt a lot like the chart to the left. In reality we had a couple different choices in which direction to move. Maybe we all felt this way at first.....that is a big part of our disease, right? Isolation and disconnection....



Then look what happened.....



We found a way to keep on keepin' on!

Just a short note to let you all know I am learning my way through the job description of Vice Chair and PIPO committee liason (I have yet to make a meeting with this important committee). We are thrilled that The Greater Atlanta Intergroup has agreed to make a bid for this fall's Region 8 Assembly and Convention. Thank you for your support! We also spoke with the Miami Dade Intergroup and they are beginning exploration of possibly hosting in Fall of 2022

We still need an Intergroup to step up and hosting Spring 2022.....here are some folks I'd like to consider bidding: Birmingham, AL.....an Intergroup from our South American fellowships.....North Carolina..... no pressurejust planting a seed of hopefulness!

Treasurer Report

Treasurer's Report April 2021 Assembly

Hello all!

Thank you for the opportunity to do service for Region8.

The finances of Region 8 continue to be healthy. The work of the Region is being supported financially thanks to all the individual, meetings, and Intergroup contributions!

In fact, we are too healthy. The recommended prudent reserve (money that should be available in case of emergency) is suggested by WSO to be 40-60% of what is budgeted.

With the amount of funds currently in our bank account, Region8 has a prudent reserve of 92%!
(2/21/2021 \$49,395.13/\$53,970.00=0.915)

It is my recommendation that Region8 consider giving yet another sizable donation to WSO to support recovery efforts at this level.

It has been a pleasure to work with the two committees I help mentor as a Board member. Ways & Means has been doing dedicated work towards developing a Region 8 Journal for sale on our website. (Side note, I have also been working with the Webmaster on updating the area of our Region8 website where our sales flow through. The Webmaster and I have been cooperatively teaming up on connecting our sales with the Region's PayPal account.)

IGOR has been inspiring in their efforts in communicating with the Intergroups in Region 8 to gather information on what is working for them and what they are struggling with. Their ongoing efforts include providing guidance on keeping Ingergroup's contact information current so that they will have access to all that Region 8 and WSO has to offer.

Annually, the Treasurer renews the incorporation for SOUTHEASTERN OVEREATERS ANONYMOUS REGION8, INC with the State of Florida. Besides updating the names and contact information of the Board members, the process also requires a "Registered Agent" who is notified when an organization is sued. In the past, one of the Board members who lived in the state of Florida assumed this responsibility. However, the Board determined that this was inappropriate for our organization for a couple of reasons. First, the Board Member as the registered agent would be taking on a level of service that would be beyond the responsibilities outlined in our ByLaws. In addition, with a paid company to serve as the registered agent for Region8, it would allow anonymity since the registered agent's address will be on all public documents (including the Secretary of State database). As Treasurer, I went through the process of securing a company(whose primary office is within our Region) to function as the Region8 registered agent.

Top five ways to access Region8 money to carry the message to those whostill suffer:

1. Join a **Region 8 Committee** and use their budgeted resources!
2. Apply for IGOR **Rep Funding** if your Intergroup needs help sending a delegate to a Region 8 Assembly.
<http://oaregion8.org/documents/Representative-Funding-Application.pdf> Send to IGORChair@oaregion8.org due 60 days prior to Assembly
3. Apply for assistance from the PIPO **Public Information Funds** if your Intergroup needs assistance in carrying the message in your communities like through a poster campaign, a sign on a bus bench, or a newspaper ad.
<https://oaregion8.org/documents/PDFs/Fillable-Request-for-Public-Info-Funds.pdf>
Send to PIPOChair@oaregion8.org
4. Apply for assistance from the IGOR **Carry the Message Funds** if your Intergroup needs help to bring someone to your area to lead a workshop or help your Intergroup with a specific event.
Page 52 of the P&P:
<https://oaregion8.org/documents/Policy-and-Procedure-Manual-as-of-June-2019.pdf> Send to both IGORChair@oaregion8.org and Treasurer@oaregion8.org
5. Apply to the **Delegate Support Fund** (R8DSF) to help send a representative from your Intergroup to the WSBC Conference.
<https://oaregion8.org/documents/PDFs/Fillable-SOAR8-Delegate-to-WSBC-Application.pdf> Send to Treasurer@oaregion8.org due September 1 (Region 8 will pass it along to WSBC when/if Region 8 uses all of our money budgeted for this)

I'm grateful to be a small part of your work in spreading the message of OA!Peace,
Michelle D

Send contributions to:
SOAR8 Treasurer PO Box
242522
Little Rock, AR 72223

Secretary Report:

Thank you all for allowing me to be your secretary. It has been an honor serving with a fine team of women to help us all carry the message of recovery. My job is relatively simple so far. I updated the date in the schedule and sent that out, I created the packet (which is mostly copying and pasting what other people send me into one big document) and I'm now creating the addendum (which is really just the packet – with all the updated content – again, copying and pasting what everyone else sends me.

I moved the documents that we had on the 'secretary laptop' onto the dropbox, so now anyone can get the documents (and I don't have to have *another* computer to try to coordinate!) I can get the documents on any machine!

I attended a few board meetings and learned/watched as the assembly came together. Listened as the techweb team and the board discussed how to work together on the assembly. I kept waiting for fireworks – or the hard part of the job to start, but really, it is quite an easy task!! I am enjoying it so far, and know that I have much more to learn!

I pray that as we come together next weekend for the assembly that it goes well and we get the business of Region 8 done as God intends. I hope that I do the job that I've been asked to do in a way that is useful to you all.

Thanks for letting me serve – it comes me abstinent and that's the whole point, right?

Dara Sue King
Secretary, Region 8

Trustee Report

Region 8 Trustee Report

Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi, North Carolina, Puerto Rico, South Carolina, Tennessee, The Virgin Islands, Central America, South America

What an amazing time to be a part of Overeaters Anonymous. The world around us is changing sometimes minute to minute. We are blessed to have a program that offers us recovery through the 12 steps of OA

Let me share with you what's coming up soon.

Worlds Service Business Conference WSBC will be doing a full agenda virtually for the first time in OA's history .

New life for Lifeline – our team is working on an online, second generation Platform for our member to share their stories.

World Service 2021 OA Convention August 26-28 in Orlando, Florida
Following CDC guidelines. Registration will be available towards to end of April on OA.Org

Meanwhile Back home in our very own region did you know our Ways and Means committee is offering an awesome Soar 8 Journal with for 10th step and daily writings.. Great for giving and getting.

IGOR is hard at work connecting with Intergroups and Service Boards to update contacts and give support.

Region 8 Tech/Web Committee has always been way ahead when it comes to Virtual Assemblies. They really Wowed us last Fall and I know this Spring will be awesome. We are truly blessed here in Region 8.

I'm sending you all hugs til we meet face to face soon.

Please feel free to contact me if I can be of service to you, your meeting or your Intergroup or service board.

Blessing of light
Andi Sherman
Region 8 Trustee
954-295-1123

Committee Reports

Public Information/Professional Outreach (PIPO)



Alabama
Arkansas
Florida
Georgia
Louisiana
Mississippi
North Carolina
South Carolina
Tennessee
Puerto Rico
Caribbean Islands
Central America
South America

REGION 8 COMMITTEE PROGRESS REPORT

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Committee: Assembly:

Packet for Assembly Progress Report 

Date of Assembly Date Period Covered

Specific objectives for the period: *(Numbered List)*

1. Hosted PIPO InfoShare on Zoom meetings for all SOAR8 Intergroups on 11/15/2020
2. Create a virtual PIPO manual that can be emailed to allsoar8, or posted on oaregion8.org
3. Translate this manual into Latin American Spanish and Brazilian Portuguese.
4. Host PIPO InfoShare on how to create a Facebook page. Date TBD.
5.

Actions / Activities conducted toward objectives: *(List by Objective)*

1. Will combine PDF documents from WSO website.
2. Checked with WSO to see about current translation efforts to avoid duplication
3. PIPO banner sent to Baton Rouge Intergroup, Tara has Nashville banner to mail or deliver.
4. Asked Claire at Nassau County IG to give presentation for Facebook InfoShare.
5.

Projections for the next period:

1. Host bi-monthly PIPO InfoShare Zoom meetings for all SOAR8 Intergroups
2. Participate in a face-to-face PIPO event as Region 8 with participation from multiple intergroup
3. Prepare a PIPO skit for next assembly to go over what to say to health professional or at outrea
4. Support WSO PIPO objectives.
5. Support WSO PIPO objectives.

Expenditures for the period: \$

Committee Chair: Date:

Ways & Means



Alabama
Arkansas
Florida
Georgia
Louisiana
Mississippi
North Carolina
South Carolina
Tennessee
Puerto Rico
Caribbean Islands
Central America
South America

REGION 8 COMMITTEE PROGRESS REPORT

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Committee: Ways and Means Assembly: _____

Packet for Assembly 9th of April 2021 Progress Report
Date of Assembly Date Period Covered

Specific objectives for the period: *(Numbered List)*

1. As always the Committee core is to come up with ideas and develop them to rise resources to support the Region beyond the 7th Tradition.
- 2.
- 3.
- 4.
- 5.

Actions / Activities conducted toward objectives: *(List by Objective)*

1. Since october 2020 up to now we have sold about 70 journals, The journal was launched in the FALL Assembly 2020.
2. The Region budgeted \$2000 as income from W&M for the current fiscal year Nov/20 to Nov/21)up to February 2021 W&M has brought \$1700.
- 3.
- 4.
- 5.

Projections for the next period:

1. We have a special offer to encourage the sales of the commemorative T-shirts (Journal + Tshirt by \$25)
2. MJ will say when the webpage is ready to receive the payments of both products, immediately we will lauched the offer to RB.
3. The budget for W&M for the current fiscal period is \$1000, W&M Committe has spent \$893.21up to February 2021 and has budgetted \$750 more to spend investing in products to sale. This is why W&M will request a motion to increase the initial budget from \$1000 to \$2000.
4. We have done some changes to the first version of the journal in order to make it more useful, we
5. have 40 journals ready to sell with this updates.

Expenditures for the period: \$ 893.21

Committee Chair: Ingrid Arana S. Date: 11th of March 2021

Bylaws Committee

SOAR 8

Southeast Overeaters Anonymous Region 8

Alabama • Arkansas • Caribbean • Central America • Florida • Georgia • Louisiana • Mississippi • North Carolina • Puerto Rico • South America • South Carolina • Tennessee



REGION 8 COMMITTEE PROGRESS REPORT

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Committee: Bylaws Assembly: Spring 021

Packet for Assembly 4/9-10/2021 Date of Assembly Progress Report Date Period Covered

Specific objectives for the period: *(Numbered List)*

1. Complete review of P&P
2. Review PowerPoint presentation for Green Dots on motions
3.
4.
5.

Actions / Activities conducted toward objectives: *(List by Objective)*

1. We reviewed the Bylaws Committee Description in the P & P
2. Sent committee descriptions to committee chairs
3. Reviewed and modified the PowerPoint presentation and sent to Tech Web
4.
5.

Projections for the next period:

1.
2.
3.
4.
5.

Expenditures for the period: \$ 0.00

Committee Chair: Susan Berland

Date: 3/9/2021

Intergroup Outreach



Alabama
Arkansas
Florida
Georgia
Louisiana
Mississippi
North Carolina
South Carolina
Tennessee
Puerto Rico
Caribbean Islands
Central America
South America

REGION 8 COMMITTEE PROGRESS REPORT

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Committee: IGOR Assembly: Spring Business 2021

Packet for Assembly April 9-10, 2021 Date of Assembly Progress Report Date Period Covered

Specific objectives for the period: *(Numbered List)*

1. Assist intergroups through carry-the-message outreach.
2. Assist intergroups with going to World Service conferences.
3. Assist intergroups to attend Region assemblies.
- 4.
- 5.

Actions / Activities conducted toward objectives: *(List by Objective)*

1. Solicited updates from all intergroups that are part of our region and updated 70 percent of c
2. Piloted a cross-region Intergroup Ideas Session, hosted by SOAR8's IGOR for all 11 regions wo
3. Reviewed requests by 16 intergroups for assistance, for example, from Greater Atlanta: "How t
4. Engaged with Chile and processed Brazil's request for \$600 to register 4 representatives for S
5. Chile rep provided Spanish translation of the Green Book to WSO. 6. Approved Southwest Flo

Projections for the next period:

1. Four intergroups submitted requests for money lost from the cancellation of the spring Recove
2. Reminder: Requests for reimbursements from Intergroups for money lost due to cancellation of
3. Complete the process of connecting Central Florida with Bogotá to sponsor/mentor Bogotá.
4. Make further progress with the other 15 intergroups' requests for support.
5. Help strengthen Chile intergroup; a rep from Chile has joined our IGOR Committee since last we

Expenditures for the period: \$ \$895 (R8DSF) □ Re

Committee Chair: Sarah C. Siegel Date: March 25, 2021

TechWeb



Alabama
Arkansas
Florida
Georgia
Louisiana
Mississippi
North Carolina
South Carolina
Tennessee
Puerto Rico
Caribbean Islands
Central America
South America

REGION 8 COMMITTEE PROGRESS REPORT

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Committee: Tech/Web Assembly: Spring 2021

Packet for Assembly 4/9-4/10/21 Progress Report *Date of Assembly* *Date Period Covered*

Specific objectives for the period: *(Numbered List)*

1. Produce instructional videos for Region 8 website
2. Purchase new equipment
3. Better understand relationship with webmaster
4. Begin thinking about new virtual office hours program
- 5.

Actions / Activities conducted toward objectives: *(List by Objective)*

1. Researched for new video on "how to put on a hybrid meeting"
2. Got feedback from Vice Chair on "committee orientation"
3. Sent "How to Write a Motion" to Bylaws Committee for review
4. Purchased new equipment
5. Located program to clean old equipment effectively, checked w/board on how to disperse it

Projections for the next period:

1. Finish 6 pending instructional videos
2. Survey intergroups: who wants equipment, whether have website, want to learn about website,
3. - want virtual office hours, and what would want to learn there?
4. Work with Vice Chair on strengthening relationship with webmaster
5. Work with Vice Chair on strengthening relationship with webmaster

Expenditures for the period: \$ _____

Committee Chair: Sarah C. Covert Date: 3/30/21

Twelve Step Within Report



Southeast Overeaters Anonymous Region 8



Alabama
Arkansas
Florida
Georgia
Louisiana
Mississippi
North Carolina
South Carolina
Tennessee
Puerto Rico
Caribbean Islands
Central America
South America

REGION 8 COMMITTEE PROGRESS REPORT

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Committee: Twelfth Step Within Assembly: _____

Packet for Assembly Spring 2021
Date of Assembly

Progress Report Dec. 2020 - March 2021
Date Period Covered

Specific objectives for the period: *(Numbered List)*

1. add new members to TSW committee
2. continue to provide the 12th on the 12th in 3 languages
3. spread the word about TSW resources via the Red Button on Region 8 website
4. carry the message
5. _____

Actions / Activities conducted toward objectives: *(List by Objective)*

1. added 3 committee members after Fall 2020 assembly
2. another new member joined committee in March
3. committee has planned 4 workshops for 2021, one every 3 month covering 3 Steps. The first on
4. Continued to provide a 12th on the 12th message in English, Spanish, and Portuguese each mo
5. We have several new subcommittee chairs of TSW resource lists

Projections for the next period:

1. Continue 12th on the 12th
2. enlist new signups for online sponsors, mentors, Nite Owl calls, and speakers
3. Present a second workshop in April on Steps 4 - 6.
4. _____
5. _____

Expenditures for the period: \$ 0.0

Committee Chair: Neill McCormick

Date: 3 - 10 - 2021

Consent Agenda Information

The Region 8 Policy and Procedure Manual states:

There may be a Consent Agenda consisting of routine non-controversial matters. The Chair will determine the matters that will be placed on the consent agenda. Any voting member may go to the center microphone to request that an item from the Consent Agenda be considered as a separate motion. Once the Consent Agenda is established, it shall require a 3/4 vote for adoption.

The 3 motions under consideration for the Consent Agenda are:

1. P&P Motion A – Included in Assembly Packet
2. P&P Motion B – Included in Assembly Packet
3. P&P Motion D – Included in Assembly Packet

RATIONALE:

1. P&P Motion A - Move to amend Region 8 Policy and Procedure Manual, Vice Chair's Duties.
 - a. The current list of Vice Chair duties incorrectly includes assembling the Business Assembly packet. The packet is actually assembled by the Secretary and NOT the Vice Chair.
 - b. This change is a needed correction and is also a "go do."
2. P&P Motion B - Move to amend Region 8 Policy and Procedure Manual, changing the graphic on the cover page.
 - a. This motion makes the region logo separate from the text, making it easier to change the text, if needed. This motion does not actually change the look or content of the logo or text.
 - b. This change would make future changes easier and is also a "good to do" item.
3. P&P Motion D - Move to amend Region 8 Policy and Procedure Manual, Secretary Duties.
 - a. This motion corrects the wording of the Secretary Duties to include assemble and send the Assembly Packet. This is the correct statement of the duties performed by the Secretary.
 - b. This change is a needed addition and is also a "go do."

The intent of motions A & D is to make needed corrections to the list of tasks performed by members of the Region 8 Board contained in the Region 8 P&P. Motion B will make future logo changes easier.

We are fortunate to have a Bylaws Committee to identify and/or shepherd needed motions through the process. Though these changes are necessary, for us, these are housekeeping "go dos" or "good to do" items that will make future changes easier.

By placing all 3 on the Consent Agenda we can use Assembly time more efficiently by voting once versus voting 3 times.

However, any voting member may go to the center microphone to request that an item from the consent agenda be considered as a separate motion.

If an item is removed from the Consent Agenda it will be voted on with the other motions.

Katrina S
Region 8 Chair

Motions for Current Assembly:

Motion A: Amend Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual, XXII Bylaws/Electronic Documents Committee, Vice Chair, Duties

CURRENT WORDING	PROPOSED WORDING
<p>Duties</p> <ol style="list-style-type: none"> 1. Support the chair in carrying out purpose and duties of Bylaws/Electronic Documents Committee. 2. As requested, assemble the Business Assembly packet and forward to the Region 8 Secretary six (6) weeks prior to the Assembly. 3. As needed, draft motions arising out of the Bylaws/Electronic Documents Committee during assemblies. Motions are to be drafted within fifteen (15) days after the close of the assembly at which they emerge and sent to the full committee for review and comment within a reasonable period of time. The vice-chair will then submit motions to the Chair so that motions are ready within twenty-one (21) days after the close of the assembly or consistent with the procedures on page 15 of this manual. 4. Support each sub-committee trusted servant in carrying out the duties of the sub-committee. 5. Respond to all correspondence, phone calls, and questions in a timely manner. 	<p>Duties</p> <ol style="list-style-type: none"> 1. Support the chair in carrying out purpose and duties of Bylaws/Electronic Documents Committee. 2. As requested, assemble the Business Assembly packet and forward to the Region 8 Secretary six (6) weeks prior to the Assembly. 3. As needed, draft motions arising out of the Bylaws/Electronic Documents Committee during assemblies. Motions are to be drafted within fifteen (15) days after the close of the assembly at which they emerge and sent to the full committee for review and comment within a reasonable period of time. The vice-chair will then submit motions to the Chair so that motions are ready within twenty-one (21) days after the close of the assembly or consistent with the procedures on page 15 of this manual. 4. Support each sub-committee trusted servant in carrying out the duties of the sub-committee. 5. Respond to all correspondence, phone calls, and questions in a timely manner.

SUBMITTED BY:
 Bylaws Committee
 Susan Berland 415-987-3194 Bylawschair@oaregion8.org

INTENT:
 Remove Item #2 under duties of the Vice-Chair of Bylaws/Electronic Documents Committee

IMPLEMENTATION:
 Remove item from the P&P and renumber remaining items

COST:
 None

RATIONALE:
 Remove this duty as the Vice Chair of the committee does not do this. The Region 8 Secretary performs this activity.

Motion B: Update Policy & Procedure Manual

Motion: Move to amend OAPP, changing the graphic on the cover page

CURRENT WORDING	PROPOSED WORDING															
 <p style="text-align: center;"><small>Southeastern Overeaters Anonymous Region 8</small></p> <table style="width: 100%; text-align: center;"> <tr> <td>Alabama</td> <td>Florida</td> <td>Puerto Rico</td> </tr> <tr> <td>Arkansas</td> <td>Georgia</td> <td>South America</td> </tr> <tr> <td>Caribbean Islands</td> <td>Louisiana</td> <td>South Carolina</td> </tr> <tr> <td>Central America</td> <td>Mississippi</td> <td>Tennessee</td> </tr> <tr> <td></td> <td>North Carolina</td> <td></td> </tr> </table>	Alabama	Florida	Puerto Rico	Arkansas	Georgia	South America	Caribbean Islands	Louisiana	South Carolina	Central America	Mississippi	Tennessee		North Carolina		 <p style="text-align: center;"><small>Southeastern Overeaters Anonymous Region 8</small></p>
Alabama	Florida	Puerto Rico														
Arkansas	Georgia	South America														
Caribbean Islands	Louisiana	South Carolina														
Central America	Mississippi	Tennessee														
	North Carolina															

SUBMITTED BY:

Bylaws Committee

Susan Berland

415-987-3194

bylawschair@oaregion8.org

INTENT:

To have the logo be independent from the text, thus making it easier to amend the text as needed to be more inclusive.

IMPLEMENTATION:

New P&P to be uploaded to the website

COST:

Minor only if reprinting of the P&P is necessary.

RATIONALE: The current wording of the geographic area covered by Region 8 is not inclusive. It names all the states in the U.S. but not all the countries. This will make the changes to the wording easier in the future.

Motion C: Update Policy & Procedure Manual

Motion: Move to amend OAPP, changing the geographic area covered by Region 8 on the cover page

CURRENT WORDING	PROPOSED WORDING
Alabama Arkansas Caribbean Islands Central America Florida Georgia Louisiana Mississippi North Carolina Puerto Rico South America South Carolina Tennessee	<u>Southeastern United States, Central America, South America and the Caribbean Islands.</u>

SUBMITTED BY:

Bylaws Committee
 Susan Berland

415-987-3194

bylawschair@oaregion8.org

INTENT:

To have the logo be independent from the text, thus making it easier to amend the text as needed to be more inclusive.

IMPLEMENTATION:

New P&P to be uploaded to the website

COST:

Minor only if reprinting of the P&P is necessary.

RATIONALE: The current wording of the geographic area covered by Region 8 is not inclusive. It names all the states in the U.S. but not all the countries. This will make the changes to the wording easier in the future.

Motion D: Amend Region 8 Policy & Procedure Manual

Motion: Move to amend Region 8 Policy and Procedure Manual, XIII, Secretary Duties

CURRENT WORDING	PROPOSED WORDING
<p>1. At least thirty (30) days prior to each Assembly, send packet of information to: Trustee, Board, Reps, Intergroups, other service bodies, Funded Committee Chairs and (for one year) outgoing Board members. Place a file copy in the Archives Repository. Send via US Mail or electronic media and include the following: (adopted 3/2014)</p>	<p>1. At least thirty (30) days prior to each Assembly, <u>assemble and</u> send packet of information to: Trustee, Board, Reps, Intergroups, other service bodies, Funded Committee Chairs and (for one year) outgoing Board members. Place a file copy in the Archives Repository. Send via US Mail or electronic media and include the following: (adopted 3/2014).</p>

SUBMITTED BY:

Bylaws Committee
Susan Berland

415-987-3194

Bylawschair@oaregion8.org

INTENT:

Amend duties of Secretary to indicate that they both assemble and send out the packet

IMPLEMENTATION:

Correct in P&P and post as appropriate

COST:

None

RATIONALE:

The Region 8 Secretary performs this activity. It was listed under Bylaws Committee, Vice Chair duties but the secretary does the assembly of the packet.

Fall Assembly Bid Flyer

**Region 8 Fall Assembly and Convention
Hosted by Greater Atlanta OA Intergroup**

Our theme
centers around
all kinds of
Diversity



OCT 16-17



Standing Rules

These rules take precedence over Robert's Rules of Order. They may be suspended by a 2/3 vote using a Motion

to Suspend the Rules, Participation in Assembly

1. Voting member must wear appropriate identification badge/ribbon denoting Rep, Funded Committee Chair, or Board Member.
2. The Secretary shall make a credentials check at the beginning of each session, and prior to any important vote, as deemed necessary by the Chair.
3. Any registered member of the Assembly may participate in Assembly procedures, e.g. vote, make a motion, speak to a motion, etc. Non-voting members may have a voice at the discretion of the Chair.
4. There will be a consent agenda consisting of routine non-controversial matters. The chair will determine the matters that will be placed on the consent agenda. Any voting members may go to the center microphone to request that an item from the consent agenda be considered separately. The consent agenda shall require a 3/4 vote for adoption.

Voting Procedures

1. Vote may be taken by voice, show of hands, standing, or ballot, at the discretion of the Chair.
2. A voting member may request a more accurate vote count by simply calling out "Division." The Chair may then use a voting method which assures an exact count.
3. The Chair may also call for division by stating, "The Chair is in doubt."
4. Ballot vote will be used for elections. Ballots will be distributed, collected, and tallied by non-voting members appointed by the Chair. After announcement of results, motion is in order to destroy ballots.

Recognition

1. Voting members who wish to speak shall, from the center microphone, give their name and Intergroup, and wait for recognition from the Chair. If necessary, to get the Chair's attention, the voting member may say "Madam/Mr. Chair," but may not speak further unless recognized by the Chair.
2. For certain procedures, the voting member, from the center microphone, may display a sign to gain recognition from the Chair (e.g., Point of Order, Point of Information, Parliamentary Inquiry, etc.).

Motions and Debate

1. Process for New Business Motions
 - a. Secretary will distribute minutes of the Business Assembly to the Board and Committee Chairs electronically no later than fifteen (15) days after close of the Business Assembly. New motions will be contained in the Committee Reports of the minutes.
 - b. New motions arising out of committees during an Assembly shall be communicated to the Secretary within fifteen (15) days after the close of the Assembly at which they emerge. After Board notification the Secretary shall forward these motions to the Bylaws/Electronic Documents Chair within twenty-one (21) days of the close of the Assembly at which they emerge.
 - c. New motions arising outside the Business Assembly shall be submitted to the Secretary at least sixty-five (65) days prior to the Region 8 Business Assembly or special Region 8 Business Assembly at which action is to be taken on the proposed motion.
 - d. Motions must be formatted to contain the intent, the proposed motion, any possible effects (costs, time, other committees affected, etc.), date of implementation and a list of necessary changes to be made to the Policy & Procedure Manual for consistency or congruity.
 - e. The Bylaws/Electronic Documents Committee may suggest changes in the motion to the maker to facilitate arriving at a more suitable version for submission to the next Business Assembly if the passing of the motion, as initially proposed, would:
2. create incongruity within either the Policy & Procedure Manual or the Bylaws,

3. be in contradiction to or with either the Policy & Procedure Manual or the Bylaws, or
4. result in an adverse, unintended effect unrelated to content, intent or rationale (such as, but not limited to, language or structure).
5. The Bylaws/Electronic Documents Chair will submit the reviewed motions to the Secretary electronically, no later than (sixty) 60 days after the close of the Assembly for inclusion in the mailing packet for the following Assembly.
6. No motions other than emergency motions will be taken from the floor at the Assembly. Emergency motions shall be submitted to the Bylaws/Electronic Documents Chair before the lunch break on Saturday of the Assembly.
7. There will be a maximum of three pro and three con speakers to each motion. There will be a maximum of two pro and two con speakers to each amendment. Each speaker may speak for a maximum of three minutes.
8. Pro and con speakers shall use the appropriate pro/con microphone. While waiting to speak, pro/con speakers may queue at the microphones.
9. A voting member may not speak on two consecutive motions or amendments unless the maximum number of speakers has not been reached.
10. The first speaker is always pro, and is usually the maker of the motion (unless he/she wishes to have another voting member speak).
11. If more than the maximum number of speakers' wishes to speak to a motion, they are encouraged to select among themselves those speakers who can best represent their views.
12. There shall be at least one pro and one con speaker before any discussion on the motion is taken from the center microphone. Voting members who wish to speak shall follow the recognition procedure outlined above.
13. A motion to close debate (Previous Question) or limit debate is in order for motions or amendments, and requires a 2/3 vote.
14. To save time on a simple amendment to a motion, the Chair may ask the maker of the motion if he/she would be willing to accept a "friendly amendment." If the maker of the motion agrees and there is no objection from the Assembly, the motion is changed to include the amendment.

Miscellaneous Rules

1. No smoking is allowed in any Assembly room.
2. No animals are allowed in any Assembly room, except guide dogs and service animals.
3. All cell phones, beepers and 2-way pagers are to be set on vibrate or turned off.
4. Voting members are not to leave or enter the Assembly room while votes are being taken.
5. No eating food allowed during the business session.

Decorum in Debate

Robert's Rules of Order Newly Revised, 11th Edition pages 391-394

“The following practices and customs observed by speakers and other members in an assembly assist the carrying on of debate in a smooth and orderly manner.” (RONR p. 391)

1. Confining remarks to the merits of the pending question.

Remarks must be germane to the question being addressed – must have a bearing on whether the motion should be adopted.

2. Refraining from attacking a member's motives.

Can speak against the consequences of the action being proposed, but avoid personalities or attack motives of the member who has spoken or who has proposed the issue.

3. Addressing all remarks through the chair.

Speaker should not address comments to another member. If a member wishes to question comments made by the previous speaker, he/she must seek recognition from the chair and address the assembly. The speaker can then ask the chair to request an answer from the previous speaker.

4. Avoiding the use of members' names. (used in large assemblies)

It is better to say “the member who spoke last” or “the delegate from_____”. Officers should be referred to by their office. The speaker may use first person in relating their views.

5. Refraining from speaking adversely on a prior action not pending.

Speaking on an action previously taken is allowed only when the issue is being reconsidered, rescinded, or amended.

6. Refraining from speaking against one's own motion.

A person can vote against their own motion but cannot speak against it. If the maker decides that the action should not be taken, he/she can ask permission to withdraw the motion.

7. Reading from reports, quotations, etc**only with permission.

A member may ask permission to read a report or quotation, etc. while speaking in debate.

8. Being seated during an interruption by the chair. (used in large assemblies)

If the chair is asked to make a ruling, the speaker should be seated....and may resume speaking after the chair is finished.

9. Refraining from disturbing the assembly.

During debate or during voting, members should not talk to others or move about the assembly. (side conversations!!)

Jan Strand, PRP

March 1, 2014

Links to Online Forms

Voucher and Advance Request Form

<https://oaregion8.org/documents/SOAR8-Voucher-and-Advance-Request-Form.pdf>

Committee Selection Form

<https://oaregion8.org/documents/PDFs/Region8-Committee-Selection-Form.pdf>

Committee Progress Report

<https://oaregion8.org/documents/PDFs/Fillable-SOAR8-Committee-Progress-Report.pdf>

Region 8 Delegate to WSBC Application

<https://oaregion8.org/documents/PDFs/Fillable-SOAR8-Delegate-to-WSBC-Application.pdf>

Request for Budget Override

<https://oaregion8.org/documents/PDFs/Request-for-Budget-Override>

Certificate of Eligibility – English

<https://oaregion8.org/e-docs/online-forms/coe>

Certificado de Elegibilidad - Espanol

<https://oaregion8.org/e-docs/online-forms/coe-espanol>

Request for Steps, Traditions, Concepts Workshops

<https://oaregion8.org/e-docs/online-forms/stc>